

# Request for Surgical Clearance for Bariatric Surgery

info@blossombariatrics.com

Good Day!

As you may be aware, your patient is preparing for weight loss surgery. They are currently working on the pre-operative requirements and are now planning for weight loss surgery in the next several months.

These weight loss operations typically entail about an hour of general anesthesia and patients are discharged home either the same day or the next morning. Patients are able to walk and drink fluids the day of surgery. At home patients may resume normal activities and their previous medications. The first post-operative appointment is 2 weeks after discharge, where patients are transitioned from a soft liquid diet to more regular foods.

The following items are required for surgery:

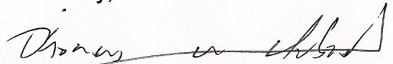
- Surgical Clearance
- EKG
- Pre-operative Labs:
 

CMP	Lipid Panel
Glycohemoglobin	Insulin
Vitamin B12	Vitamin B1
Vitamin D-25 OH	Ferritin
CBC	Folate
TSH	PTH

Your help in preparing your patient for surgery is greatly appreciated. It has been a pleasure to help start them on their journey toward better health. If there are any questions or concerns, please feel free to contact me at any time.

**Please fax the Surgical Clearance with EKG & Labs to: 702-441-0251**

Sincerely,



Thomas W. Umbach MD FACS

Patient's Name: \_\_\_\_\_

DOB: \_\_\_\_\_

The above named patient is cleared for surgery with the following risk factor:

- Low Risk
  Moderate Risk
  High Risk

Notes/Comments:

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\_\_\_\_\_  
 Physician's Signature

\_\_\_\_\_  
 Printed Physician's Name

\_\_\_\_\_  
 Date